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http://jamestown-nd.aauw.net/



## January 15, 2022

# Jamestown AAUW Hosts Stress & Burnout & It's Effect on Our Health

Welcome 2022! Join Jamestown AAUW for brunch at our regular meeting at 10 a.m. Saturday, January 15, 2022 on the campus of the University of Jamestown. Then hear from our guest presenter, **Dr. Shylah Schauer**, a naturopathic doctor who will discuss stress and burnout, their effect on our bodies and overall health, and what we can do to reduce stress and its effects.

**Brunch 10am** at Knight Hall in the Badal Nafus Center (cost: \$9.75 per person)

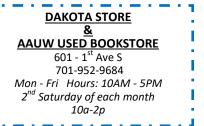
<u>Presentation 11am</u> Lyngstad 206 (the buildings are connected so no need to go back out in the cold)

For those wishing to attend from afar can join the meeting virtually via zoom. For **ZOOM INFORMATION** please contact hostess Erin Klein at (701) 320-4560 or email <a href="mailto:erin\_oboe@yahoo.com">erin\_oboe@yahoo.com</a> to receive Zoom meeting information.

To learn more about Jamestown AAUW please visit our website at <a href="https://jamestown-nd.aauw.net/">https://jamestown-nd.aauw.net/</a>

# Please invite a friend!







While the Windmill Watched: A Slice of Rural America in the 1950s. We hope it piques your interest in this multi-faceted story of rural life on the Great Plains in the 1950s. Windmill may be purchased at the Dakota Store in Jamestown.

Please do look at our website, <a href="www.whilethewindmillwatched.com">www.whilethewindmillwatched.com</a> for more information including on The Book, News & Events, Where to Purchase, and our YouTube program, THE 1950s FUN CHAT.

Jackie Pfeiffer McGregor, author Jackie McGregor

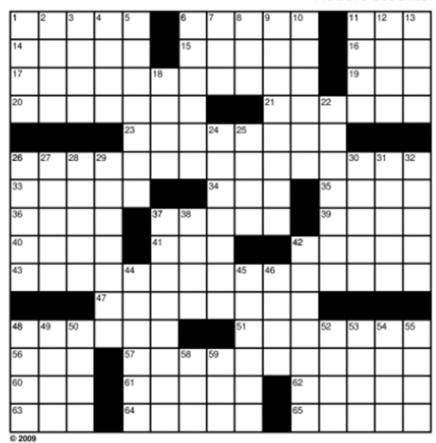
There is a possibility of meeting the author & her sister in a Zoom meeting as an AAUW program in the near future.

### **Take Care**

#### **ACROSS**

- Operator of a "2001" space plane
- Feature of sportscasts and TiVos
- 11. Short sleepwear?
- 14. NAACP locale
- Historically popular food fowl
- 16. The safe side
- Flavorful name for an East coast city
- 19. Dedicated work
- 20. 1962 "Space Age" hit for The Tornados
- 21. Kind of neat?
- Discovered, in Derbyshire
- 26. Classical tune featured in "Ordinary People"
- 33. "Fooled ya!"
- Mad Cow Disease, initially
- Ending with centi- or milli-
- She was seduced by Zeus
- 37. Changes shade after seeing one?
- 39. Believe, old style
- **40.** Let go
- 41. GP's grp.
- 42. Variety show
- Four before "Hi-ho, the derry-o"
- 47. Without leadership
- 48. Tired-out trotter
- Son of Cedric, per Scott
- 56. Critter compound
- 57. The part you point, and a hint to 17, 26, and 43 across
- 60. Messenger maker
- 61. Former White House Bush
- 62. Not so hot
- 63. Had, at the table
- 64. Oglers

## **Robert Stockton**



65. Emulates Ella

#### DOWN

- Short shot in the U.S. Open
- 2. 1968 winner of the US Open
- 3. Coward on stage
- 4. B1 landing spots
- 5. Restaurant VIP
- Egyptian beetle or brooch
- 7. Luxury spot?
- The other side: abbr.
- 9. Blackstrap, e.g.
- 10. "Be right there!"
- Two fourths of an antacid sound
- 12. Force user
- 13. Spotted

- 18. Manx man, e.g.
- 22. Adjusted
- He played opposite Schwimmer and Perry
- 25. Dutch diva Delange
- 26. Rice dish
- Billy Joel's singing daughter
- It may be hard or mulled
- 29. Chief
- 30. Chutzpah
- Two-time batting champ Lefty
- 32. Stairway support
- Country called "The Heart of America"
- 38. Arab chief
- Moulds a statue anew

- 44. Make possible
- 45. \_\_\_ a rail
- 46. Where you might find your honey
- Emerald City princess
- Word with art or heart
- 50. Accomplished
- 11 in. of wire, as distributed by Grace Hopper
- Trademarked filter technology
- 54. "I've already started that task!"
- TV personalities Bymes and Hall
- 58. Litigate
- Factory second label: abbr.

There should be a calorie refund for things that didn't taste as good as you expected.



This puzzle was created using CrossFire (http://beekeeperlabs.com/crossfire)