

## November 2025

http://jamestown-nd.aauw.net

#### **Upcoming Events:**

<u>Nov. 11</u> Program at 5:30pm— Topic: Women Veteran's Experience and Food Pantry Collection

<u>Jan. 13</u> Virtual Program—Smart Money

<u>Mar. 2</u> STEM Day—TechSavvy and Stemtastic

Read more about these events on Pages 3 and 4.



# SECOND CHAPTER AAUW BOOKSTORE

Mon - Fri 10AM - 5:30PM

> Saturdays 10AM - 3PM



Visit the AAUW website for news and information for members:

https://www.aauw.org/resources/news/media/

#### STEERING COMMITTEE OFFICERS/E-MAIL

Erin Klein, Chair erin\_oboe@yahoo.com

Mary Craft, Co-Finance Officer m65craft@gmail.com

Joan Enderle, Co-Finance Officer joan.enderle@gmail.com

Lauren Sako, Secretary mslesako@gmail.com

Candice Dempsey, Programs/Events cdempsey@daktel.com

Emily Wolff, Communications/Newsletter wolffemily8@gmail.com

# **Donations Given in 2025**

The Jamestown AAUW Branch has accomplished amazing things in 2025... and the year isn't over yet! See below for a detailed list of organizations and causes our branch has had the opportunity to support through our donations.

#### Giving Hearts Day - 2/13/2025 \$ 2323.43

ND Women's Business Center - \$250.00

Great Plains Food Bank - \$500.00

University of Jamestown - \$500.00

Jamestown Fine Arts Association - \$500.00

Jamestown Dollars for Scholars - \$500.00

(Note: Processing fee = \$73.43)

Tech Savvy (lunches by Grateful Plate) \$ 1300.00

Safe Shelter (March & May) \$ 1000.00

James River Valley Library \$ 500.00

AAUW National \$ 1000.00

The Arts Center \$ 250.00

Stutsman County Human Rights Coalition \$ 200.00

Jamestown Tourism - Frontier Schoolhouse \$ 1000.00

AAUW National \$ 1200.00

University of Jamestown \$ 1200.00

**Great Plains Food Bank \$ 500.00** 

Safe Shelter \$ 500.00

Jamestown Kiwanis \$ 500.00

AAUW National (Education & Public Policy) \$ 1000.00

Total as of October 11, 2025: \$12,473.43

Jamestown AAUW

The Jamestown AAUW Branch has achieved all five stars in the Five Star Program for 2025! The AAUW Five Star Program is designed to help branches align with AAUW's strategic priorities and advance AAUW's mission of achieving gender equity for women and girls. Our goal is to continue to use these priorities to guide us in planning our programs and efforts in the future. Learn more about the criteria for each star below:

# **Five Star Program**



#### Advancement (Only 3 required for a star in this area)

- Raise \$30 per member in FY26 towards the Greatest Needs Fund
- Increase contributions to the Greatest Needs Fund by 15% from the last fiscal year.
- Retain at least 80% of branch membership.
- Increase the number of individual donors compared to the previous fiscal year.
- Make a branch contribution to the Defend Higher Education or Public Policy Funds.
- Recruit at least one Legacy Circle member from your branch in FY26.



#### Public Policy & Advocacy (Only 3 required for a star in this area)

- Appoint a branch public policy chair for FY26.
- Conduct a meeting with an elected official regarding an AAUW public policy position. This could include local, state, or federal officials.
- Participate in a state lobby day.
- Hold a program on a policy topic related to public policy principles and priorities (this also counts towards a Programs Star).
- Conduct a voter registration or voter education event.
- Organize a group action—such as letter-writing, attending a school board meeting, hosting a town hall aligned with AAUW Action Network calls to action.



#### Toovernance & Sustainability (Only 3 required for a star in this area)

- Branch board creates or annually reviews a succession plan to ensure future leadership is identified.
- Branch board develops and implements a plan to participate in the Five Star Program.
- Branch board develops or updates their strategic plan to align with the AAUW national strategic plan.
- Appoint a Diversity Officer to lead branch diversity and inclusion planning or formalize diversity and inclusion programming in another branch position, such as Programs VP.
- Hold at least one branch program focused on justice, equity, diversity, or inclusion topics (this also counts towards a Programming star).
- Complete an environmental scan of your branch, using the DEI toolkit resource.
- Participate in the Annual Branch Survey.



#### **Programming**

• Hold at least 4 programs that align with AAUW's strategic plan.



#### Communications & External Relations (Only 3 required for a star in this area)

- Branch has a designated communications point person and follows AAUW National on platforms where it operates social media accounts.
- Share 3-5 posts aligned with AAUW's mission per quarter on branch social media accounts (can be shared reposted from AAUW National accounts).
- Include information from AAUW National in branch newsletters at least quarterly (pulling from Mission & Action emails, etc.).
- Ensure all branch leaders subscribe to AAUW emails and share the email resubscribe link with members quarterly in member communications.
- Twice a year, assess national website and include updated information on branch website (linking to new strategic plan page, sharing latest content updates, sharing latest membership information).

# October Program "Strength and Wellness as We Age" With Meaghan Mistro

For our October 14th program, Jamestown AAUW members attended a presentation from Meaghan Misto held in UJ's Foss Wellness Center. Fifteen members enjoyed demonstrations of simple exercises to do at home (Strong Body), examples of how to keep our brains and spirits engaged (Sharp Mind), and reminders to stay up to date with health screenings (Thriving Lifestyle). Special thanks to Meaghan for sharing her knowledge with the group and thank you to everyone who attended!



# Halloween 2025



Jamestown AAUW members handed out books to children on Halloween at the Frontier village. Thank you to the volunteers!





#### November Program - Veterans Day, November 11th

5:30 p.m. at the Women's Club Room, 210 3rd St. SW.

Right now, food pantries are facing unprecedented demand. Every day, families in our community rely on the Salvation Army for their next meal, and your support can help provide nutritious meals for our neighbors. Your donation of non-perishable food will go directly to families, seniors, and children in Jamestown.

Here is how you can help: Bring food donations to the AAUW November 11 meeting for the Salvation Army – Jamestown Food Pantry. We will be collecting non-perishable goods such as canned tuna or chicken, peanut butter, rice, pasta, canned fruits and vegetables, breakfast cereal, baking items, and shelf-stable dairy products. Your contribution helps us fight hunger in our community and ensure that no one goes to bed hungry. Thank you for your generosity!

The speaker for this month's program, Penny Briese, will share about her experiences in the military. Refreshments and fellowship to follow. Please feel free to invite a friend or potential member!

# Thank you bookstore volunteers!





Second Chapter AAUW Bookstore volunteers gathered together in October for a luncheon at Nome Schoolhouse (Nome, ND). The luncheon was held to express our gratitude and recognize the volunteers who have shared their time and talents. Thank you for all you do for the bookstore, AAUW, and the Jamestown community!





# Opportunities to Get Involved:

#### **Salvation Army Red Kettle Campaign**

Bell Ringers needed! To sign up go to: <a href="https://www.registertoring.com/">https://www.registertoring.com/</a> We ask for at least a 2-hour commitment.

#### **Bell Ringing Details:**

Ring Dates: Friday, November 22 - Saturday, December 23

<u>Days & Hours:</u> Monday through Saturday 10am-8pm

Kettle and equipment will be there for you when you arrive. When your shift is over, place the bell in the apron before you leave.

#### Stem Day—March 2nd

Stem Day is around the corner! Approximately 300 students from the area are expected to participate in the TechSavvy and Stemtastic event. About 70 volunteers will be needed to help plan and staff the event. Specific needs currently include: Volunteer Coordinator and assistance with communication. If you are interested in learning more or would like to help, you may contact Joan Enderle at joan.enderle@gmail.com.